

INLIGHT STUDENT MENTAL HEALTH RESEARCH INITIATIVE LAUNCH EVENT

MAY 1ST, 2023 | 1:00-2:00 PM EST

This event will feature a number of speakers from across the University of Toronto, including remarks from:

Inlight Student Panel

University of Toronto

Professor Meric S. Gertler * video remarks

President, University of Toronto

Professor Cheryl Regehr

Vice-President and Provost, University of Toronto

Professor Linda Johnston

Dean of the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto

Professor Kristin Cleverley

Director of Inlight, University of Toronto

Additionally, Inlight looks forward to remarks from

The Honorable Michael A. Tibollo

Associate Minister of Mental Health and Addictions, Ontario

To watch the event live, visit our website at
smhr.utoronto.ca/inlight-launch-event-livestream

[VIEW THE LIVESTREAM](#)



INLIGHT Student Mental
Health Research



INLIGHT Student Mental Health Research | LAUNCH EVENT

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Sapolnach Prompiengchai Undergraduate Student, University of Toronto Scarborough

Sapolnach Prompiengchai is a third-year undergraduate student studying neuroscience at the University of Toronto Scarborough. He has prior research experience in over five research laboratories specializing in wide-ranging disciplines such as clinical neuroscience and psychology, cognitive neuroscience, educational psychology, and pedagogy. His research has been funded by the UTEA-NSE and UTSC Budding Scholars Award, and five of his research projects have been awarded the UofT Libraries Undergraduate Research Prize and UTSC Undergraduate Research Prize. As an aspiring physician-scientist, he hopes to translate his holistic perspective on mental healthcare into revolutionizing mental health research that would impact at micro, meso, and macro-levels.



Joanna Roy Undergraduate Student - Faculty of Applied Science and Engineering, University of Toronto

Joanna Roy is an undergraduate student studying Engineering Science in the Electrical and Computer Engineering option at the University of Toronto. She is the outgoing Mental Wellness Project Director for the Engineering Society and former Co-President of Engineers Without Borders UofT, leading initiatives focused on increasing effectiveness of mental health resources and supporting social impact projects on campus. She has completed diverse research placements with Sunnybrook Health Sciences Centre, the Institute for Quantum Computing, and National University of Singapore, and is interested in exploring the intersections of engineering and social justice. Joanna aims to offer her leadership skills and engineering skillset to better understand student mental health, and to explore its intersections with technology and engineering.



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Rya Buckley

Masters Student - Ontario Institute for Studies in Education, University of Toronto

Rya Buckley is second-year MA student studying School and Clinical Child Psychology at the Ontario Institute for Studies in Education. Her research interests include understanding and improving the experiences of marginalized students seeking mental health services in educational contexts. Rya's thesis work focuses on the unique support-seeking experiences of racialized university students. Her interest in this work stems from her experiences tutoring and mentoring students and seeing the negative impact that mental health concerns have on students' learning and relationships. As a clinician-in-training, Rya is also interested in community approaches to improving mental health, especially for marginalized students. She will be continuing her training this fall in the School and Clinical Child Psychology PhD program.



Yaxi Zhao

PhD Student - Faculty of Information, University of Toronto

Yaxi Zhao is a PhD candidate at the Faculty of Information researching technologies for mental healthcare. Yaxi's research aims to understand how and to what extent technologies can support mental healthcare, an extension of her psychology research on youth mental health and background in user experience. Her dissertation investigates and designs communication platforms for remote therapy (e.g., for postsecondary students). Yaxi aims to empower research collaborators – psychotherapists and therapy clients (including students) -- to have their voice throughout the research to create inclusive and accessible platforms. Yaxi has 8 journal publications and over 10 conference presentations throughout her 9-year research journey. Her dissertation project is supported by SSHRC and the Inlight research fellowship.



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The Honorable Michael A. Tibollo

Associate Minister of Mental Health and Addictions

For over 30 years, Minister Tibollo has been a strong advocate for the people of Vaughan-Woodbridge. Among his many accomplishments, Minister Tibollo is a distinguished lawyer with over 30 years of experience.

Prior to taking office in 2018, Minister Tibollo volunteered as a certified addictions counsellor, and advocated for Caritas - a residential therapeutic community seeking to provide high-quality care for those living with mental health and addictions challenges.

Minister Tibollo proudly serves the people of Ontario in his role as the province's first Associate Minister of Mental Health and Addictions and is looking forward to creating a connected system of care with comprehensive wraparound services, so that every Ontarian can be fully supported in their journey towards mental wellness.

Minister Tibollo previously served as Minister of Tourism, Culture and Sport and Minister of Community Safety and Correctional Services.

An avid sports fan, Minister Tibollo holds a fifth-degree black belt in the martial art of Taekwondo. He has applied his experience while volunteering with the META Centre - an organization that assists physically and developmentally challenged adults in living better, more enriched lives.

Always eager to pursue his passion for learning, Minister Tibollo is currently pursuing his PhD in Clinical Psychology with a focus on Addictions and Concurrent Disorders, through the University of Southern California. Minister Tibollo is also fluent in five languages, including English, French, Italian, German, and Spanish.



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Professor Meric S. Gertler President, University of Toronto

Meric Gertler is President of the University of Toronto, a Professor of Geography and Planning, and the Goldring Chair in Canadian Studies. He is one of the world's foremost authorities on cities, innovation, and economic change. He has advised governments in Canada, the US, and Europe, and such international agencies as the Organisation for Economic Cooperation and Development (Paris) and the European Union. He is a director of the MaRS Discovery District and a trustee of Toronto's Hospital for Sick Children. He chairs Universities Canada and the Presidential Steering Committee of the U7+ Alliance of World Universities. He previously served on the Expert Panel on Business Innovation in Canada for the Council of Canadian Academies; the Ontario government's Highly Skilled Workforce Planning and Partnership Table; and as past chair of the U15 Group of Canadian Research Universities. He is a fellow of the Royal Society of Canada and the Academy of Social Sciences (UK), a corresponding fellow of the British Academy, and a member of the Order of Canada.



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Professor Cheryl Regehr Vice-President and Provost, University of Toronto

Cheryl Regehr is the Vice-President and Provost for the University of Toronto. Former Vice-Provost Academic Programs and former Dean of the Factor-Inwentash Faculty of Social Work, she is a Professor in the Faculty of Social Work, and has cross-appointments to the Faculty of Law and the Institute for Medical Sciences at University of Toronto. She is a Senior Fellow of Massey College, and a Visiting Professor at the National Institutes of Health Research (NIHR) Policy Research Unit in Health and Social Care Workforce at King's College London (UK).

Professor Regehr's six books (Oxford University Press, Columbia University Press and University of Toronto Press), and over 150 scholarly articles focus on forensic mental health; trauma and recovery; and stress, trauma and decision-making in high stress professions. This research has been recognized among others by the International Campbell Collaboration for Systematic Reviews and the American Academy of Psychiatry and the Law. Her research has been funded by the Social Sciences and Humanities Research Council of Canada (SSHRC), the Canadian Institutes for Health Research (CIHR), Public Health Agency Canada (PHAC), and the Canadian Foundation for Innovation (CFI). Her current SSHRC funded research projects involve testing a new model for improving professional decision-making in situations of risk and uncertainty; and understanding trauma in archivists. A further project explores the impact of video evidence of violent crime on those involved in the justice system.

Professor Regehr's practice background includes over 20 years of direct service in forensic social work and emergency mental health and in the administration of mental health programs, specializing in civil litigation and criminal court assessments of trauma victims and violent offenders, and organizationally based trauma interventions. She was the director of the Crisis Response Team at Pearson International Airport and served on the mental health advisory for the Department of National Defence and Veteran's Affairs Canada, and most recently, the CIHR Mental Health Advisory Group for COVID-19.



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Professor Linda Johnston

Dean of the Lawrence S. Bloomberg
Faculty of Nursing, University of Toronto

Professor Linda Johnston is Dean of the Lawrence S. Bloomberg Faculty of Nursing at the University of Toronto, past-Chair of the Council of Ontario Universities Programs in Nursing and current Co-Chair of the Joint Provincial Nursing Committee. She is a Visiting Professor at Soochow University, Shandong University and Central South University, China and at the Chinese University of Hong Kong. She is a Fellow of the American Academy of Nursing, the European Academy of Nursing Science, and the Canadian Academy of Health Sciences. Her research interests include identifying the impact of global health initiatives in neonatal care. Her policy interests include the development of clinical academic career pathways and the advancement of the nursing profession in low- and middle- income countries.



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Professor Kristin Cleverley Director of Inlight, University of Toronto

Kristin Cleverley is the CAMH Chair of Mental Health Nursing Research, an Associate Professor at the Lawrence S Bloomberg Faculty of Nursing and Department of Psychiatry, Temerty Faculty of Medicine at the University of Toronto (UofT), is the Academic Director of the Inlight Student Mental Health Research Initiative at UofT, and a Senior Scientist at the Centre for Addiction and Mental Health. Dr. Cleverley currently holds an Ontario Early Researcher Award (2021-2026), a UofT Connaught Global Challenge Award, and is the principal or co-investigator on over \$35 million in grant funds. She is an international expert in youth and student mental health, patient-oriented research, and mental health care transitions, meeting regularly with health care administrators and governments to advise on opportunities to strengthen transition standards, interventions, and protocols. Dr. Cleverley was recently awarded a Council of Ontario University Programs in Nursing Award for excellence in nursing education and scholarship, a testament to the impact her research has had on youth and student mental health clinical practice in Ontario.

For more information about Inlight, please visit our website at smhr.utoronto.ca or contact the Inlight team at studentmh.research@utoronto.ca.

