# Inlight Research Fellowship Application Template

## Template Instructions

**Please note:**

* Word counts specified within each section must be adhered to
* Only include figures, references and hyperlinks as part of the outlined appendices

**Application**

* Complete all sections as presented in this template – any additional sections, figures, references, hyperlinks or blocks of text will be removed
* Only expand boxes as necessary to fit the permitted word count
* Font selection:
	+ Use a minimum 12-point standard font in black type (for example Arial, Times New Roman). Do not use condensed fonts.
		- You may use other font sizes for text in tables, charts, figures, graphs and legends only, as long as it is legible when the page is viewed at 100%.
	+ Use a minimum of single line spacing
		- Do not use narrow line spacing.
	+ Use normal/standard character spacing. Do not use condensed character spacing.
* The following additional appendices are recommended – no other appendices will be shared with adjudicators:
	+ Appendix I - Knowledge mobilization products
	+ Appendix II - Figures

**Submission**

* **Please use the following naming convention for the file**
	+ YOURLASTNAME\_2025 Inlight Fellowship\_Application Template
* Please convert file to a pdf for submission

# Cover Page

**Applicant:**

|  |  |
| --- | --- |
| Name |  |
| Division and Department/Institute (if applicable) |  |
| University of Toronto campus | **□** Mississauga □ Scarborough □ St. George |
| Title of program in which currently enrolled |  |

**Primary supervisor:**

|  |  |
| --- | --- |
| Name |  |
| Title |  |
| Institution of primary budgetary appointment |  |
| University of Toronto Division and Department/Institute |  |
| University of Toronto campus | **□** Mississauga □ Scarborough □ St. George |

**Signature of Graduate Coordinator for Program of Studies (or other representative, as appropriate – see application outline):**

|  |  |
| --- | --- |
| Name | Email contact |
|  |  |
| Signature | Date |
|  |  |

**Share additional co-supervisors if relevant (duplicate table as needed to capture all supervisors):**

|  |  |
| --- | --- |
| Name |  |
| If U of T |  |
| Division and Department/Institute (if applicable) |  |
| University of Toronto campus | **□** Mississauga □ Scarborough □ St. George |
| Organisation, if not U of T |  |
| Role in the project (max 50 words) |  |

# Application

### 1. Please provide a summary statement that gives an overview of your background relevant to the program (max 500 words):

Describe relevant training, research accomplishments, and other activities that demonstrate a commitment to post-secondary student mental health and wellness, student engagement in research, and inclusion of considerations related to equity, diversity, inclusion, accessibility and indigeneity in research. Please note that we consider a broad range of experiences, not just previous awards and publications, but also other activities and contributions (e.g., volunteer, advocacy, and community work).

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### 2. Please describe why you are interested in participating in this program, and how it will enhance your academic or professional career? (max 200 words)

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### 3. Please describe your current or planned research project to be completed within your program of study:

**Title of research project (max 25 words):**

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**Outline of research project (max 500 words):** Please share background/rationale, objectives, design and methodology, and potential for impact.

In addition, please highlight plans to engage with students as knowledge users and collaborators in the design and conduct of the project, and to incorporate equity, diversity, inclusion, accessibility and indigeneity considerations.

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**Lay summary of research project (max 150 words):** Provide a summary of your research project that is accessible to those outside of your field. Note that if funded, this lay summary will be used for reporting and public communications purposes.

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**What is the current status of the research project?** (pick one of the following options):

* Research project plan under development
* Preparing research ethics application
* Currently under review by research ethics board
* Received research ethics approval and preparing to begin research activity
* Recruiting and data collection
* Data analysis
* Knowledge translation (e.g. manuscript preparation, presentations, knowledge translation product development)
* Other (please describe below)

|  |
| --- |
|  |

### Appendix I – List of references (max 0.5 page)

* *List 3 to 5 references supporting your summary statement and project outline (eg, academic or grey literature publications, reports, webpages) – where these are available online, hyperlinks should be provided*

### Appendix II – Figures (max 0.5 page)

* *A single page of relevant figures can be provided.*