



Inlight Research Development Grant Application Template

Template Instructions (Delete this section from final submission)

Please note:

- Word counts specified within each section must be adhered to
- Only include figures, references and hyperlinks as part of the outlined appendices

Application

- Complete all sections as presented in this template – any additional sections, figures, references, hyperlinks or blocks of text will be removed
- Only expand boxes as necessary to fit the permitted word count
- Font selection:
 - Use a minimum 12-point standard font in black type (for example Arial, Times New Roman). Do not use condensed fonts.
 - You may use other font sizes for text in tables, charts, figures, graphs and legends only, as long as it is legible when the page is viewed at 100%.
 - Use a minimum of single line spacing
 - Do not use narrow line spacing.
 - Use normal/standard character spacing. Do not use condensed character spacing.
- The following additional appendices are recommended – no other appendices will be shared with adjudicators:
 - Appendix I – List of References/Knowledge mobilization products
 - Appendix II – Figures

Submission

- Please use the following naming convention for the file
 - YOURLASTNAME_2025 Inlight Research Development Application



Application Overview

Principal Applicant:

Name	
Title	
University of Toronto Division and Department/Institute (if applicable)	
University of Toronto campus	<input type="checkbox"/> Mississauga <input type="checkbox"/> Scarborough <input type="checkbox"/> St. George
Signature	

Unit Head Signature: Please secure unit head signatures for the primary budgetary appointment for the nominated Principal Applicant. This should either be a) Associate Dean Research or b) Faculty Dean and confirms eligibility to apply as a Principal Investigator.

Unit Head Name	
Unit Head Title	
Unit Head Signature	

Title of research project (max 25 words):

Lay summary of research project (max 150 words): Provide a 150-word lay summary for your research project. Note that if funded, this lay summary will be used for reporting and communications purposes.

Type of project (please select all that apply):



- Research catalyst: For early-stage research with the potential to catalyze larger projects (eg, pilot initiatives, high-risk/high-reward ideas, knowledge synthesis to identify research gaps)
- Community building, Planning and partnership development activities: To develop research teams and/or programs (eg, community connection events, grant planning workshops, partnership development activities and, activities designed to enhance community and/or student engagement in research)
- Implementation Science in pedagogy: The design and evaluation of classroom innovation
- Knowledge mobilization activities: To disseminate evidence-based research and interventions, driving research innovation into practice
- Other



Table of co-Applicants and Collaborators (add lines as needed):

Please do not include research staff (eg, graduate assistants, lab managers) as co-applicants or knowledge users.

Name	Title	UofT Student	Organisation (if UofT, include Division, department/institute and campus affiliation)	Role in the project (max 50 words)
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Principal Knowledge User Co-applicant:

		Yes/No	
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Faculty and Knowledge User Co-applicants (please add rows as needed):

		Yes/No	
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Collaborators (please add rows as needed):

		Yes/No	
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Application

Outline of research project (max 1500 words): share background/rationale, objectives, design and methodology, and outcomes



What is the current status of the research project? (pick one of the following options):

- Supplementary activity to existing research project
- Ethics application in progress (in preparation or under review)
- Received research ethics approval and preparing to begin research activity
- Research activity underway, eg, recruiting and data collection
- Data analysis
- Knowledge translation (e.g. manuscript preparation, presentations, knowledge translation product development)
- Other (please describe below)

Strategic alignment and impact (max 250 words): Describe how the research project aligns with and advances Inlight's [vision](#), [mission](#) and [guiding principles](#), and the anticipated impact in post-secondary student mental health

Student Engagement plan (max 250 words): Describe how students will be involved as collaborators through the research and knowledge mobilization. Please note that student research assistants, students as participants, or graduate student research collaborators do not satisfy this criteria.

We strongly recommend that you review our many resources available to support the development of your student engagement plan [[Student Engagement Resources - Inlight - Student Mental Health Research](#)]. The eModule series is an approximately one-hour time commitment and will ensure you have the foundational knowledge needed to develop your plan. Completion of this series is part of the submission requirements for this funding opportunity.



Equity, diversity, inclusion, accessibility and Indigeneity (max 250 words): Describe how EDIAI considerations will be incorporated through all steps of the research and knowledge mobilization.

Budget and Justification (max 500 words): Please outline and justify the budget line items associated with the planned activities.



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INLIGHT Student Mental
Health Research



Appendix I – List of references/Knowledge Mobilization Products

- *List the references supporting your project outline (eg, academic or grey literature publications, reports, webpages) – where these are available online, hyperlinks should be provided*



Appendix II – Figures

- *Include a timeline of key deliverables/milestones as part of this appendix, and a single page of other relevant figures can also be provided*